

## Activities & Events in Newry U3A 2019 to 2020

<u>ACTIVITY</u>		<u>WHEN</u>		<u>WHERE</u>	<u>No.</u>
<b>Arts and Crafts</b>					
Art for Beginners Group 1	(SS)	Tuesday	9.30am to 11.30am	Room W2	
Art for Beginners Group 2	(SS)	Tuesday	11.30am to 1.30am	Room W2	
Art group 3 - Advanced	(BG)	Tuesday	2.00pm – 4.00pm	Room W2	
Art group 4- Continuing	(BG)	Tuesday	2.00pm – 4.00pm	Room W2	
Card Making	(SB)	Thursday	1.30pm to 2.30pm	Room W3	
Carrickmacross Lace Making	(AO'H)	Friday	11.00am to 1.00pm	Room W3	
Craft Group Monday	(IMcM)	Monday	11.00am to 1.00pm	Room W1	
Craft Group Thursday	(SS)	Thursday	9.00am to 1.00pm	Room W2	
Felting	(SS)	Thursday	2.00pm to 4.00pm	Room W2	
Patchwork/Quilting	(LN)	Monday	10.00am to 1.00pm	Room W2	
Twice Sweet Craft figurines	(SS)	Thursday	11.00am to 1.00pm	Room W2	
<b>Computer Based Classes</b>					
Computer Basic	(PP)	Monday	9.45am to 10.45am	Room W1	
iPad Beginners	(Z)	Wednesday	9.00am to 10.00am	Room W3	
iPad Beginners	(Z)	Thursday	11.10am to 12.10pm	Room W3	
iPad Level 2	(Z)	Wednesday	9.00am to 10.00am	Room W3	
iPad Level 2	(Z)	Wednesday	10.15am to 11.15am	Room W3	
iPad Level 3	(Z)	Wednesday	11.20am to 12.20pm	Room W3	
iPad Level 3	(Z)	Thursday	12.15pm to 1.15pm	Room W3	
Mixed Tablet	(PP)	Monday	1.00am to 12.00am	Room W4	
Photoshop Elements 15	(EC)	Tuesday	1.30pm to 2.30pm	Room W3	
Computer Refresher	(Z)	Thursday	10.05am to 11.05am	Room W1	
<b>Educational/Leisure</b>					
Biblical Studies	(D.C.)	Wednesday	11.00am to 12.00pm	Room W4	
Bridge Beginners	(PvdL)	Thursday	2.00pm to 3.00pm	Room W7	
Bridge Club	(HD)	Wednesday	2.00pm to 4.00pm	Room W7	
Camera Club	(BC)	Tuesday	11.00am to 12.30pm	Room W1	
Chess	(GD)	Thursday	2.00pm to 4.00pm	Room W1	
Choir Ladies	(MO'D)	Tuesday	11.15am to 12.30pm	Room W7	
Film Club	(RO'R)	Tuesday	2 <sup>nd</sup> Tues of Month	Room W7	
Drama	(JD)	Wednesday	PM	(Start tbc)	
Flower Arranging	(NF & TM)	Friday	10.00am to 12.00pm	Room W3	8 <sup>th</sup> Nov
Gentlemen Singers	(JM)	Wednesday	12.30pm to 1.30pm	Room W7	
Life Story Writing	(MC)	2 <sup>nd</sup> Wednesday	of every month	Room W4	
Party Pieces	(MC & MC)	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	7pm to 9pm	Arts Centre	
Reading Poetry	(MH)	3 <sup>rd</sup> Friday	10.00am to 11.00am	Room W7	
Reading for Pleasure	(MH)	3 <sup>rd</sup> Friday	11.30am to 12.30pm	Room W7	
Theatre & other Outings	(MC)				
Whist	(SMcG)	Tuesday	2.00pm to 3.00pm	Room W1	
Wine Tasting	(MR)	Friday	2.00pm to 4.00pm	Room W7	
<b>Health &amp; Wellbeing</b>					
Boccia		Day and Time to be arranged		Room W7	
Chair Based Exercise	(MS)	Tuesday	1.00pm to 2.00pm	Room W7	
Chair Yoga		Day and Time to be arranged		Room W7	
Chi Me	(MC)	Wednesday	11.00am to 12.00pm	Room W7	
Cycling	(DvdL)	Thursday	10.00am to 11.00am	Carnbane Ind Est	
Dancing	(MS)	Thursday	1.00am to 12.00pm	INF Hall Newry	
Gardening	(CD)	Tuesday	10.00am to 12.00pm	SRC Greenbank	
Golf	(PC)	Thursdays	10.30am	Kelly's	
Keep Fit		Wednesday	10.00am to 11.00am	Newry Sports Cntr	
Let's Lose Weight Together	(GD)	Tuesday	12.45pm to 1.30pm	Room W1	
Line Dancing	(DB)	Monday	2.00pm to 3.00pm	Gateway	16 <sup>th</sup> Sept
New Age Kurling	(R'OR)	Thursday	2.00pm to 4.00pm	Gateway Club	

<b>Pilates</b>		<b>Day and Time to be arranged</b>		
Walk & Talk	(MMcA)	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays	11.00am	Tesco Car Park
Walking Football	(PC)	Monday	2.00pm to 3.00pm	Newry Leisure Cntr
Water Aerobics		Monday & Wednesday	11.15am	Newry Leisure Cntr
Yoga for 8 weeks only	(RF)	Wednesday	9.30am to 10.30am	Gateway 11 <sup>th</sup> Sept
Mindfulness for Everyday Use	(LC)	Tuesday	10.00am to 11.00am	Room W4
<b>Languages</b>				
French Advanced	(AH)	Wednesday	2.00pm to 3.00pm	Room W3
French Beginners	(AH)	Wednesday	3.00pm to 4.00pm	Room W3
German	(JMcC)	Tuesday	2.00pm to 4.00pm	Room W3
Irish (Ardrang)	(DB)	Monday	10.00am to 11.30pm	Room W3
Irish (Beginners)	(JM)	Wednesday	11.00am to 1.00pm	Room W2
Irish (Meanrang)	(DMcC)	Thursday	11.30am to 1.00pm	Room W1
Irish (Meanrang 2)	(SMcD)	Tuesday	9.45am to 10.45am	Room W3
Spanish Advanced	(TC)	Wednesday	11.30am to 1.00pm	Room W1
Spanish for Beginners	(MMcA)	Wednesday	2.00pm to 3.00pm	Room W2
Spanish Intermediate	(MMcA)	Wednesday	3.00pm to 4.00pm	Room W2
Italian (Beginners)	(Stephen S)	Monday	10.00am to 11.15am	Room W7
Italian (Intermediate)	(Stephen S)	Monday	11.30am to 1.00pm	Room W7
<b>Social</b>				
Luncheon Club 2 Catering College (Max 24	(KS)	1 <sup>st</sup> Wednesday	of the month	Catering College
Luncheon Club 3 Catering College	(AC)	3 <sup>rd</sup> Wednesday	of the month	Catering College
Talks on topics of interest	(TM)	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday	of the month	W7
Quiz		4 <sup>th</sup> Tuesday	of the month	W7